

ORGAN DONATION A GIFT THAT LIVES ON

CONTACT US

PASS IT ON **BEFORE YOU PASS AWAY**

By signing up as an organ donor and completing the Advance Decision, you'll be given a special card for your wallets and key rings that's been compiled in association with Healthwatch Cornwall: www.healthwatchcornwall. co.uk. For more information and to request an Organ Donor leaflet, you can contact www.cornwallhospicecare. co.uk or go to www.organdonation.nhs.uk

FREQUENTLY ASKED QUESTIONS WHY WOULD I WANT TO MAKE AN ADVANCE DECISION?

Making an Advance Decision can:

- Help you to make informed decisions in your own time by considering your options
- · Give you control over the care and treatment you receive, whether that is tomorrow or further in the future
- Give you peace of mind that you have taken steps to make sure your wishes are known about, recorded and respected

What happens if I don't have an **Advance Decision in place?**

If you cannot make a decision about your medical treatment, and you have not made an Advance Decision or a Lasting Power of Attorney, then your doctor will decide what treatment to give you. They will base their decision on what they think is in your 'best interests', and they must take into account the views of your family members or others close to you. However, legally, they do not have to follow what the people close to you say. This means that if you have not made an Advance Decision or Lasting Power of Attorney, the doctor has the final say about what treatments you receive.

How do I request an Advance Decision Card?

To organise an Advance Decision card please email communications@cornwallhospice.co.uk and we will send one to you. In the coming months we will be organising distribution of the cards to outlets near you, including Cornwall Hospice Care shops, but we can also provide interested groups with cards.



We're always keen to help, it's what our charity is all about.

If you have completed an Advance Decision and opted to donate your organs, and would like one of our cards that confirms this, please email communications@cornwallhospice.co.uk

If you would like a speaker to come and talk to your group, club or staff about this campaign, all you need to do is call 01726 839156 or email us at communications@cornwallhospice.co.uk.

GENERAL ENQUIRIES

Communications Department

Cornwall Hospice Care, Mount Edgcumbe Hospice Porthpean Road, St Austell, Cornwall, PL26 6AB

CONTACT US

01726 839156

communications@cornwallhospice.co.uk www.cornwallhospicecare.co.uk

















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CORNWALL'S COLLABORATIVE PROJECT TO ENCOURAGE EVERYONE TO PREPARE FOR DYING

A group of charities and organisations in Cornwall have come together to launch a new project that aims to ask people to 'consider what you want in death while you're very much alive'. It'll encourage people to opt in for organ donation and to complete an Advance Decision, explaining what they would want if they couldn't speak for themselves.

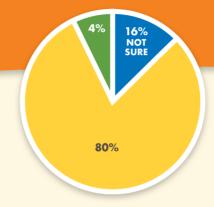


The project brings together Cornish charity Cornwall Hospice Care, the NHS Organ Donation Team from the Royal Cornwall Hospital Treliske, Healthwatch Cornwall and Compassion in Dying. Named 'Pass it on before you pass away' and developed with members of the Lostwithiel Young Farmers Club (below), the project is deeply aware of the need for young people in particular to consider taking important actions like signing up for organ donation.



ADVANCE DECISIONS

Only 4% of the population have an Advance Decision but 80% of adults have clear ideas about what treatment they may want if they were unable to make a decision themselves. Our project aims to get people talking to each other BEFORE any event where making these decisions becomes essential.



'Only 4% of adults in the UK have got what's known as an 'Advance Decision' and yet 80% have strong views on how they want to be treated'

Part of this process involves using the Advance Decision card that will alert paramedics and healthcare professionals to the fact that you have had these conversations and have an Advance Decision. You can only apply for this card once you've signed up for organ donation and completed the Advance Decision. See our 10 simple steps to put your Advance Decision in place.



WHAT IS AN

ADVANCE DECISION?

An Advance Decision allows you to write down any medical treatments that you do not want to have in the future, in case you later become unable to make or communicate decisions for yourself. It will only be used if you cannot make or communicate a decision for yourself.

The legal name is an Advance Decision to Refuse
Treatment, and it is also sometimes called a Living Will
or an Advance Directive.

10 simple steps to put your Advance Decision in place:

- Think about what you might want to happen to you in the event of an accident
- Follow the link from the Cornwall Hospice Care website to look at the Advance Decision
- Fill in the Advance Decision and opt in for organ donation
- Print it out
- Get it witnessed by someone (this can be anyone)
- Talk through your decisions with family and friends and add their names to your decision document
- Tell everyone where you are going to keep the document
- Review it every couple of years to make sure you are happy with it
- Email communications@cornwallhospice.co.uk to request your Advance Decision card
- Fill in the Advance Decision card and put the snap off portion on your keys.

